

STATE INSTITUTE OF PHYSICAL EDUCATION FOR WOMEN
HASTINGS HOUSE, 20B JUDGES COURT ROAD, ALIPORE, KOLKATA-27

SENIOR FIRST AID COURSE

SCHEDULE OF THE PROGRAMME	
CLASSES TO BE HELD ON & FROM 06.06.2023 TO 10.06.2023	
COURSE CO-ORDINATOR : DR. BABUL KUMAR DUTTA, Ph.D.	
Teachers :	<ul style="list-style-type: none"> ▪ Dr. Babul Kumar Dutta, Lecturer, S.J.A.A. ▪ Mr. Pradip Kumar Dhar, ▪ Mr. Swapan Polley
DURATION OF CLASS :	2 P.M. TO 4 P.M.
1ST DAY : 06.06.2023	<ul style="list-style-type: none"> • Opening : - Introduction, Brief History Of St. John, • Basic Principles Of First Aid • Structure And Function Of Human Body, Blood Circulation, • Dressing And Bandages With Practical
2ND DAY : 07.06.2023	<ul style="list-style-type: none"> • Respiration & Asphyxia, • Wounds & Bleeding, • Shock, • C.P.R. Practice With Mannequin • Bandage Practices
3RD DAY : 08.06.2023	<ul style="list-style-type: none"> • Joints, • Fracture & Dislocation, • Burns & Scald Poisoning And • Bandage Practices
4TH DAY : 09.06.2023	<ul style="list-style-type: none"> • Nervous System And Unconsciousness, Miscellaneous Conditions , • Emergency Method Of Rescue & • Bandage Practices
5TH DAY : 10.06.2023	<ul style="list-style-type: none"> • Closing : Theoretical And Practical Revisions • Examination (Objective Type) • Practical With Triangular Bandages : Ring Pad, Slings, Head, Jaw, Palam, Chest, Back, Elbow, Foot, Knee Etc.
Nb : Programme Subjects To Be Changed, If required	